

## Tips for Group Riding

- Always wear a helmet.
- Always travel with the direction of traffic.
- When cars approach from the rear, get in single file.
- If you are in front, call out your intentions (ex. "slowing," "stopping") as well as any hazards you may see.
- If you need to stop, pull completely off any pavement.
- Keep a safe distance between you and other riders.
- Alert other cyclists when passing by calling "on your left."

## Bicycle Safety

Cycling accidents kill thousands of people every year. There are simple safety precautions you can take to minimize risks to you while riding.

- Always wear a properly fitted helmet.
- Make sure you know how to operate all parts of the bike as well as know the road rules related to cycling.
- Remember that cyclists have the same rights to the roads as other vehicles, and are subject to the same signs, lights, and other traffic controls that would apply to a car or truck.
- At night make sure to wear bright colors.
- Make sure your bike has front and rear reflectors and your brakes are working correctly.
- Wear a reflective vest and use a headlamp and bell.



Peterson AFB  
**OUTDOOR RECREATION**

# Bike Shop



**OUTDOOR RECREATION**  
Bldg. 640  
719-556-4867, Option 1  
[Peterson.Outdoor.Rec@us.af.mil](mailto:Peterson.Outdoor.Rec@us.af.mil)  
[www.21fss.com](http://www.21fss.com)



# Inspections/Tunes

(Listed Prices do not include price of parts)

**Safety Inspection:** .....Free

- check bike for safety
- provide list of needed repairs

**Standard Tune:** ..... \$50

- safety inspection
- brake alignment and adjustment
- shifter and derailleur adjustment
- lateral wheel truing
- drive train inspected and lubricated
- flat tire repair (if needed)

**Custom Tune:** .....Price varies based on requested work

- safety inspection
- standard tune
- additional work as requested

# Individual Shop Fees

(Parts not included)

- Install Tire/Tube: .....\$5 Per Tire
- Install Chain: .....\$5
- Brake Adjustment: .....\$8 Per Brake
- Brake Bleed: .....\$15 Per Brake
- Derailleur Adjustment: ..... \$10 Each
- Install Brake Cable/Adjustment: .....\$15 Per Brake
- Install Derailleur Cable/Adjustment: ..... \$15 Each
- Complete Wheel True/Tension: ..... \$15 Per Wheel
- New Bike Assembly (includes tune): .....\$60
- Install Computer: .....\$10
- Hub Overhaul: ..... \$15 Per Hub

# Additional Fees

- Excessive dirt/grime
- Installation of new components
- Labor fees may be assessed based on work required



# Rental Bikes

(All Bike Rentals Include Helmet)

**Daily Rental**

- Full Suspension: ..... \$45
- Hard Tail/Front Suspension: ..... \$25
- Road Bike: ..... \$20
- Youth Bike: ..... \$20

**Weekend Rental**

(Friday to Monday at 12 p.m.)

- Full Suspension: ..... \$90
- Hard Tail/Front Suspension: ..... \$50
- Road Bike: ..... \$40
- Youth Bike: ..... \$40

**Weekly Rental**

- Full Suspension: ..... \$180
- Hard Tail/Front Suspension: ..... \$100
- Road Bike: ..... \$80
- Youth Bike: ..... \$80

- Bike rental assumes full responsibility for cost of repair/replacement of damaged components
- Rentals returned with flat tires will be assessed for cost of tube and install
- Rentals returned dirty will be assessed a cleaning fee

# Peterson AFB Resources



**Basic Bike Repair Course**

Dates: May 11, June 8

Time: 5-7 p.m.

Cost: \$30

Want to have the skills and knowledge to do basic tunes and bike assessments yourself? This class is designed to help you learn the basics on bike repair so you are prepared when you need to fix your bike on the fly. Learn to repair flat tires, adjust brakes and derailleurs and maintain your bike so you can keep on exploring!

**Hoppy Trails**

First Thursday of the month from April-September

Time: 4:30-8:30 p.m.

Cost: \$30 w/your own bike  
\$40 w/a bike rental

Hop on your bike and join us as we explore some of the trail systems and microbreweries that make Colorado Springs one of the best cities in the country! Each session we will introduce you to a new trail for a guided evening ride and afterwards we will share the experience over some frosty pints at a new microbrewery.

Please ask your helpful ODR staff for dates and availability of our different bike specific programs!

**Trail Resources**

- MTB Project - [www.mtbproject.com](http://www.mtbproject.com)
- Singletracks – [www.singletracks.com](http://www.singletracks.com)



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